

# Sails

*on the bay*  
RESTAURANT

## CAFÉ TERRACE LUNCH MENU

Homemade dips w/ 3 of our own, Turkish bread	12.5
Antipasto selection w/ vegetables, meats & fish	19.0
Pumpkin, hummus & feta salad, soy glazed seeds	16.0
Spiced lamb fillets, tomato, bean & olive w/ chick pea & tzatziki salad, red capsicum coulis	22.0
Poached chicken & shredded cabbage salad w/ red radish & smoked mayonnaise	21.0
Beef burger, onions, tomato relish, salad w/ house cut chips	16.5
Pizza 30cm/12" w/ prosciutto, chorizo, olives, rocket, tomato, basil & oregano,	18.5
Salt & pepper calamari w/ Asian green stir fry	17.0
Fish & hand cut chips (grilled or beer batter) w/ salad & tartare sauce	22.0
Children's size	12.0
Garden salad w/ tomato, cucumber & avocado	7.5
House cut chips w/ harrissa, aioli, tomato sauce or mayonnaise	6.5
Warm chilli olives	7.5
Warm spiced nuts	7.5
Bread roll & butter	0.80

**Daily specials and wine selections are displayed on the blackboard. A selection of juice, soft juice and other beverages are available from the bar.**

## FROM THE BAR

Freshly baked cake w/ cream	8.0
Cookies	3.0
Muffins	4.0

## WEEKEND BREAKFAST MENU

Saturday & Sunday all day, from 9am

Beach breaky 2 eggs (poached, scrambled or fried) on toast w/ smoked salmon, spinach & hollandaise sauce	18.5
Build your own breaky 2 eggs (poached, scrambled or fried) on toast w/ hash browns 3.0, forest mushrooms 3.0, tomato 3.0, spinach 3.0, hollandaise 3.0, sausage 3.5, bacon 3.5 smoked salmon 4.0	9.5
Forest mushrooms on toast w/ poached eggs, lemon & oregano oil	14.0
House baked beans on toast w/ parmesan crisp	12.0
Fruit toast or sour dough w/ homemade preserves (honey & macadamia nut butter, fruit preserve)	5.0
Slow poached fruit, toasted fruit bread w/ mascarpone	10.5
Potato pikelets, bacon or smoked salmon w/ sherry & maple syrup or crème fraiche	15.5
Honey roasted muesli w/ red berry compote	8.5

## Coffee & tea from Gravity

Selection of tea	3.5
English Breakfast, Earl Grey, Peppermint, Chamomile China green sencha, Lemongrass & ginger	
Hot chocolate	4.0
Chai latte	4.5
Selection of coffee from	3.5
Iced coffee or chocolate	4.5

---